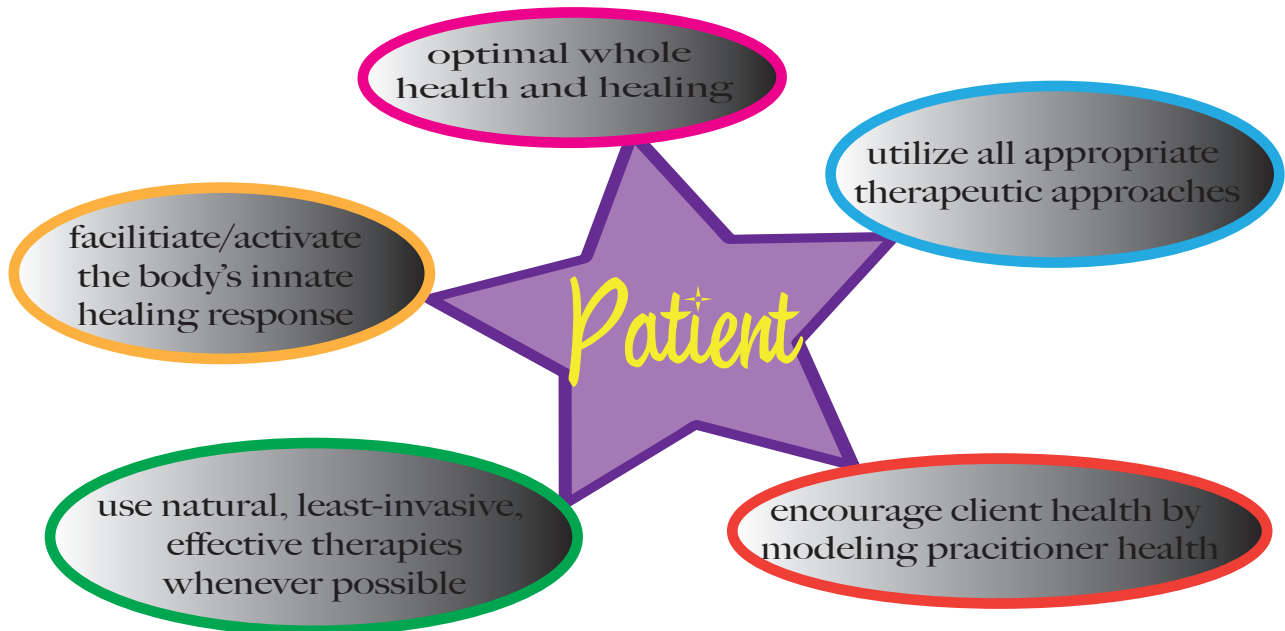


What is Integrative Medicine?

The best integrative health/medicine practices are interprofessional;

- patient and practitioner are partners in the healing progress
- all members of the client's care team work together to accomplish optimal health and healing
- all health influencing, and unique factors are considered: wellness, disease, mind, body, spirit, life, lifestyle
- ongoing wellness, disease prevention, and progressing the body's natural healing abilities are supported



Integrative [Health and] Medicine as a complete care model

replaces some other often heard terms used to describe systems of medicine/care :

Functional Medicine:

care addressing the whole person - not just an indicated, or isolated set of symptoms.

Alternative Medicine:

therapeutic approaches separate from conventional, western care

Complementary and Alternative Medicine (CAM):

standalone or adjunctive to conventional therapeutic approaches

Allopathic, Conventional Medicine:

Drug, surgical, or blanket approaches to health challenges once already manifested